# USC Verdugo Hills Hospital

At **USC Verdugo Hills Hospital (USC-VHH)**, physicians, nurses and staff provide personalized, high-quality health care relevant to our patient community.

USC-VHH, part of Keck Medicine of USC, is a 158-bed community hospital serving the cities of Glendale and La Cañada Flintridge, as well as the surrounding Foothill communities of the San Gabriel Valley. As part of a university-based medical center, USC-VHH provides our patients with easy access to the best care available.



#### **Exceptional Capabilities**

- USC-VHH provides a full range of personalized, quality inpatient and outpatient services to meet the community's health care needs.
- Inpatient care includes geropsychiatric care, intensive care, surgical, orthopaedics, obstetrics, telemetry, transitional care and urology.
- Outpatient services include cardiac rehabilitation, diagnostic testing, emergency care, outpatient surgeries, wound care and hyperbaric oxygen therapy.
- The Emergency Department meets the urgent and lifethreatening needs of adults and children in the community, available 24/7 with one of the shortest wait times in the area.
- The Physical Medicine and Rehabilitation Department serves those who are in need of support in the areas of physical therapy, occupational therapy and speech therapy.

**USC Verdugo Hills Hospital** 

## **Major Services**

USC Verdugo Hills Hospital (USC-VHH) provides excellent clinical outcomes and superb customer service.

#### **Cardiac Rehabilitation**

Patients in the cardiac rehabilitation program at USC-VHH work with exercise physiologists who customize individuals' heart-strengthening regimen. Cardiac rehabilitation provides a safe and medically supervised environment for cardiac patients.

#### **Emergency Department**

Exceptional medical attention is provided in the emergency room by board-certified physicians and nurses. Our emergency rooms offer increased capacity, effectively designed to reduce wait times. USC-VHH is a designated Emergency Department Approved for Pediatrics.

#### Gastroenterology

Our physicians perform colonoscopies, endoscopies, bronchoscopies, endoscopie ultrasonography and transesophageal echocardiograms. They have access to advanced diagnostic and therapeutic endoscopes that provide digital images so accurate that diseases may be detected at the earliest stages.

## **Geropsychiatric Care**

The Stepping Stones geropsychiatric inpatient and outpatient program provides assessment, therapies and a full continuum of care to meet the personalized mental health needs of older adults and their families.

#### **Medical Imaging**

USC-VHH's Medical Imaging
Department offers comprehensive
imaging and diagnosis, including breast
imaging, utilizing the latest medical
technology.

#### **Obstetrics**

Women who have their babies at the USC-VHH Beginnings Family Birth Center receive personalized care in private labor, delivery and recovery suites that combine the ambience of a cozy bedroom with a Level II NICU. Classes such as infant CPR are also offered for the entire family.

#### **Orthopaedic Care**

Our nationally renowned orthopaedics team includes the area's best surgeons, physical therapists and occupational therapists. Our team specializes in hip, knee and shoulder replacement, arthroscopy and fracture repair. We are recognized as a center of multidisciplinary team excellence for hip and knee replacement.

### **Physical Medicine and Rehabilitation**

The Physical Medicine and Rehabilitation Department is committed to helping each patient maximize their potential through physical therapy, occupational therapy and speech therapy. We offer a wide range of services including pelvic floor therapy, aquatic therapy, vestibular rehabilitation, voice and swallowing therapy and senior wellness classes.

#### **Stroke Care**

As a Primary Stroke Center, USC-VHH ensures that its patients receive the highest quality of neurological care. Our stroke team is trained to rapidly respond to our patients' clinical needs. We also offer comprehensive neurological care — whether on site or at our referring facility, Keck Hospital of USC.

#### Surgery

Surgical options available at USC-VHH include bariatrics, colorectal, upper GI and general (including breast cancer surgery), plastics and reconstruction, and vascular surgery and endovascular therapy. Outpatient offices on site allow patients to have their surgeries and follow-up care at USC-VHH.

#### **Transitional Care Unit**

The Transitional Care Unit (TCU) is ranked as a five-star skilled nursing facility by the Centers for Medicare and Medicaid Services. The TCU offers skilled nursing and rehabilitation services to assist patients with their recovery, which allows patients to transition home more quickly and safely.

#### Urology

The urology team at USC-VHH offers the latest minimally invasive procedures performed robotically or laparoscopically. We treat kidney stones, prostate cancer, male incontinence or infertility, urologic trauma and other conditions.

## Wound Care and Hyperbaric Oxygen Therapy

Our doctors and nurses are specially trained in treating wounds, including many that have resisted healing after months and even years of traditional treatment. Thanks to our personalized approach to care, coupled with advanced wound care technologies, most of our wound care patients are completely healed in just a few months.

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