



## BLADDER CANCER

### USC Urology: A leader in bladder cancer treatment

USC Urology has been a world-renowned center for bladder cancer treatment for several decades. Our physicians are faculty members at the Keck School of Medicine of USC. USC Urology is at the forefront in innovative treatment, cutting-edge techniques and breakthroughs that include the first orthotopic bladder reconstruction to replace the need for a urostomy bag for many patients, as well as being the first center in the western United States to provide blue light cystoscopy, an advanced diagnostic tool that identifies bladder tumors.

We are also a leader in robotic surgery, including minimally invasive procedures for faster postoperative recovery times, fewer complications and lower readmission rates. To further ensure the best possible outcome for each patient, Keck Medicine of USC uses the innovative Enhanced Recovery Protocol program that includes post-surgical activity and other measures to decrease time spent in the hospital by several days.

### EARLY DETECTION: SYMPTOMS TO WATCH

Bladder cancer can be detected early if prompt attention is given to symptoms, so it is important to see your doctor if you experience any of the following symptoms:

#### **Blood in the urine**

This is the most common sign of bladder cancer, and it is generally painless. It may appear slightly red or pink.

#### **Changes in bladder habits**

Many symptoms of bladder cancer imitate symptoms of urinary tract infections, including urinary urgency, urinary frequency, pain or burning during urination and bladder pressure even immediately after urination.

#### **Trouble urinating**

Patients may experience trouble urinating or a weak urine stream.

#### **Unexplained pain**

Patients may experience unexplained pain in the side, abdomen or pelvis.

#### **Decreased appetite**

Some also may experience an otherwise unexplained decrease in appetite.

**To make an appointment, call  
(800) USC-CARE**

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## TREATMENT OPTIONS

Depending on tumor grade, stage and other factors, there are options available to treat bladder cancer:

### Endoscopic tumor removal

Low-grade tumors usually can be surgically removed while leaving the surrounding organs and tissue intact.

### Radical cystectomy

This procedure is common for high-grade, invasive bladder cancer. The latest minimally invasive techniques such as robotic surgery are available as well as the traditional open approach. Cystectomy provides the best survival outcomes and lowest rate of cancer recurrence.

### Urinary diversion

When the native bladder is removed in a cystectomy, Keck Medicine surgeons work with each patient to determine the optimal choice of technique that would best suit individual lifestyle and needs.

### Immunotherapy and chemotherapy

These targeted treatments may be used before or after surgery to improve outcomes and quality of life. For select patients, endoscopic removal of the bladder tumor, followed by radiation and chemotherapy, aims to preserve the native bladder.

### Trimodal therapy

For select patients, endoscopic removal of the bladder tumor, followed by radiation and chemotherapy, aims to preserve the native bladder.

To make an appointment, call

**(800) USC-CARE**  
**(800) 872-2273**

[urology.KeckMedicine.org](http://urology.KeckMedicine.org)

## EXCEPTIONAL TREATMENT FOR OUTSTANDING RESULTS

### EXPERT MEDICAL TEAM

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### LOCATIONS

#### Arcadia

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Arcadia, CA 91007

#### Bakersfield

9500 Stockdale Highway, Suite 202  
Bakersfield, CA 93311

#### Beverly Hills

9033 Wilshire Blvd., Suite 305  
Beverly Hills, CA 90211

#### Glendale

1808 Verdugo Blvd., Suite 318  
Glendale, CA 91208

#### Los Angeles

1516 San Pablo St., 5th Floor  
Los Angeles, CA 90033

830 S. Flower St., Suite A-100  
Los Angeles, CA 90017

#### Palmdale

38660 Medical Center Dr., Suite A200  
Palmdale, CA 93551

#### Pasadena

625 S. Fair Oaks Ave., Suite 400  
Pasadena, CA 91105

#### Porterville

386 N. Villa St., Suite B  
Porterville, CA 93257

#### Thousand Oaks

415 Rolling Oaks Dr., Suite 260  
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Keck Medicine of USC

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#### USC Urology

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